



# August 2017



## Welcome Back!

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

1

2

3

4

*Note: A selection of fruit, fresh salad or veggies will be served every day. The student will have a selection of beverage to choose from.*



**God is our refuge and strength, an ever-present help in trouble.  
- Psalm 46:1 NIV**

7

Professional Day

8

Parents Orientation Day

9

Rice w/chicken  
Beans  
Green Salad

10

Spaghetti w/Beef  
Vegetables  
Sweet Plantains

11

Chicken Stew  
White Rice  
Green Salad

14

Chicken Soup  
Fried Plantains

15

Beefsteak w/Onions  
White Rice  
Vegetables

16

Macaroni w/Beef  
Green Salad  
Sweet Plantains

17

Stewed Pork Chops  
White Rice  
Vegetables

18

Beef or Chicken  
Tacos  
Salad

21

Chicken Pasta  
Alfredo  
Fried Plantains  
Green Salad

22

Garlic Chicken  
Rice w/Vegetables  
Beans

23

Beef Stew  
White Rice  
Green Salad

24

Meat and Roots  
Stew "Sancocho"  
White Rice

25

Beef or Chicken  
Lasagna  
White Rice

28

Turkey Stew  
Yellow Rice  
Vegetables

29

Chicken Tenders  
Mashed Potatoes  
Green Salad

30

Spaguetti w/Chicken  
Green Salad  
Sweet Plantains

31

Chicken w/Onions  
Consommé Rice  
Green Salad



Menu subject to change without prior notification