

Praise the LORD.

Praise God in His sanctuary;

praise Him in His mighty heavens.

Praise Him for His acts of power;

praise Him for

His surpassing greatness.

Praise Him with

the sounding of the trumpet,

praise Him with the harp and lyre,

praise Him with timbrel and dancing.

praise Him with the strings and pipe,

praise Him with

the clash of cymbals,

praise Him with resounding cymbals.

Psalms 150:1-5

OCTOBER 2018

Bilingual Child Month and **Bullying Prevention Month**
 & **International Music Day** and **International Artist's Day**



Mon	Tue	Wed	Thu	Fri
1 Rice w/Sausage Beans	2 Macaroni w/Beef Sweet Plantains	3 Rice w/Chicken Beans	4 BBQ Ribs Mashed Potatoes	5 Beef or Chicken Hamburgers
8  Discovery of America Observed No Classes	9 Chicken Wings White Rice Beans	10 Penne Pasta w/Chicken Sweet Plantains	11 Congrí Rice Pork Tips	12 Tacos/Burritos (Chicken or Beef)
15 Corned Beef White Rice	16 Onioned Beefsteak White Rice	17 Spaghetti with Beef or Chicken Sweet Plantains	18 Broccoli Chicken White Rice Beans	19 Parent-Teacher Conferences 8am-12pm Faculty Meeting 1-3pm No Classes
22 Garden Pork Chops White Rice	23 Sancocho Stew	24 Roasted Chicken White Rice Beans	25 Meatballs White Rice Yellow Rice	26 Stewed Sausages White Rice
29 Chicken Fricassee White Rice	30 Garlic Chicken White Rice Beans	31 Chicken Tenders Mashed Potatoes	Note: A selection of fresh salad or veggies, fruit/dessert & milk or water will be served every day.	

Menu subject to change without prior notification.

